SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 11



Tiger attack proves fatal

Man's body was discovered in Danish zoo enclosure PAGE 5

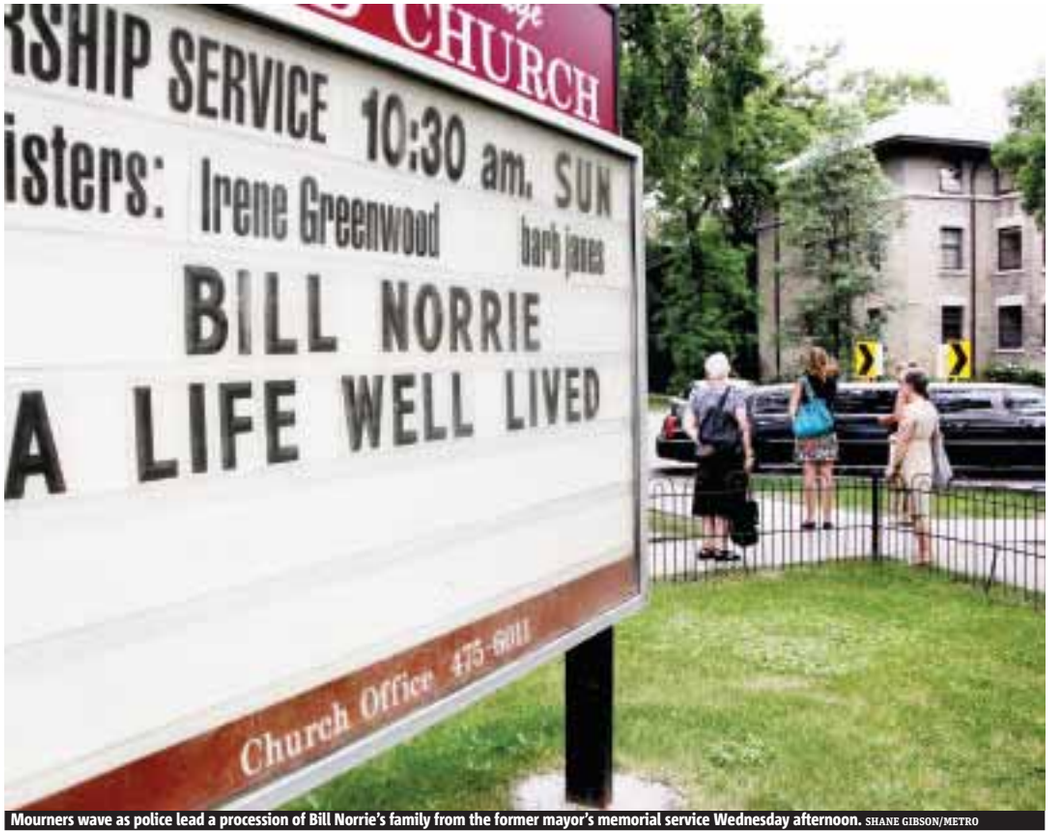
NOT FOR THE SHY GUY

BRIGHT COLOURS, LOUD PRINTS AND BOLD METALLICS DOMINATE TRENDS FOR MEN NEXT SPRING PAGE 12



WINNIPEG metro®
Thursday, July 12, 2012
News worth sharing.
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Goodbye, Bill, and thanks



Mourners wave as police lead a procession of Bill Norrie's family from the former mayor's memorial service Wednesday afternoon. SHANE GIBSON/METRO

Well-lived. Norrie memorial service a who's who of civic politics



SHANE GIBSON
shane.gibson@metronews.ca

Winnipeggers from all walks of life filled Crescent Fort Rouge United Church Wednesday to say goodbye to a former mayor who was a friend to all.

At least 300 people braved the heat to attend a memorial service for Bill Norrie, who died last Friday at the age of 83.

Norrie was remembered as a born leader who genuinely enjoyed speaking to and learning about everyone he met.

"There are many legacies Bill has left, legacies in the city and in our lives," said Rev. Barb Janes, who led the service with Rev. Irene Greenwood. "Perhaps the greatest legacy is … that we greet the people we meet with humility, with respectful curiosity, with genuine affection, and we extend a hand to one another and say, 'How are you?'"

Norrie entered local politics in 1964 when he won a seat on the Winnipeg School Board, where he sat until he was elected to city council in 1971.

In 1979 Norrie was elected mayor, a job he kept until retiring in 1992.

Norrie continued to work for the city where he was born in retirement, chairing Habitat for Humanity's effort to build 18 homes, sitting as chancellor of the University of Manitoba from 2001 to 2009, and remaining active with countless groups, including the Winnipeg Symphony and the United Way.

In a eulogy by granddaughters Allison and Jennifer Norrie and daughter-in-law Sheila Norrie, he was remembered as a man who loved to spend time with family at Lake of the Woods, organizing cabin cupboards, sweeping up pine needles and putting up commemorative plaques (yes, even at the lake.)

"However, words on a plaque cannot possibly describe the essence of Bill's character and humanity," said Sheila. "We loved him deeply, we will miss him greatly and we will carry him forever in our hearts."

Quoted

"I think Bill had some pull with the city."

Rev. Irene Greenwood, after telling those in attendance the City of Winnipeg had agreed to not tow any illegally parked cars during the service.

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Investigation

Two teens arrested for robberies

Two teens are in custody after a taxi cab driver and another man were robbed at gunpoint early Tuesday.

Police say a male and female suspect hailed a cab at McPhillips Street and Mountain Avenue around 3:15 a.m. and pulled a gun on the 45-year-old male driver once inside the car.

After handing over an undisclosed amount of cash, the driver was ordered to drive to another location where the two suspects took off on foot.

Then, around 5:10 a.m., the same male suspect, now alone, pointed a gun at a 67-year-old man sitting in a vehicle in the 300 block of Powers Street. The victim, fled and got the attention of cops patrolling the area.

The officers arrested the male suspect in the 500 block of College Avenue. The gun was seized. The female suspect was arrested later Tuesday in the 1800 block of Main Street.

A 17-year-old male from Winnipeg is facing five weapon-related charges and three counts of failing to comply with a sentence.

A 16-year-old female from Winnipeg has been charged with robbery with a firearm, and failing to comply with an undertaking and failing to comply with a sentence. METRO

Highway 248

Man killed when ejected from car

A 52-year-old Rural Municipality of Cartier man is dead after he was thrown from his vehicle in a rollover early Wednesday.

Headingley RCMP pronounced him dead on the scene on Highway 248, about five kilometres north of Elie, Man. No other vehicles were involved in the accident. RCMP said the man was not wearing a seatbelt. METRO

Schist Lake

Body found after ATV accident

A 48-year-old man's body was found in Schist Lake in Channing, Man. by the RCMP Underwater Recovery Team Monday night.

The man was riding an ATV with another man from Flin Flon when they had an accident on Sunday. The ATV ended up in the lake. The other man, also 48, was found with minor injuries.

A police investigation is still in progress. METRO



Aboriginal forces demand inquiry into missing women

Elder Thelma Morrisseau, of the Grandmothers Working for Good Life Council of Manitoba, centre, addresses a crowd of more than 200 people at 201 Portage Ave., Wednesday, during a rally calling for a federal inquiry into missing and murdered aboriginal women. Manitoba Keewatinowi Okimakanak (MKO) Grand Chief David Harper said the governments of both Manitoba and Canada have so far refused to call inquiries, so he will be taking the matter to the United Nations. BERNICE PONTANILLA/METRO

Prison population not rising: Toews

Closures. Government is shutting down Kingston Penitentiary and Leclerc prison

Canada's prison population has not exploded, contrary to opposition critics' dire predictions about the government's anti-crime laws, Public Safety Minister Vic Toews said Wednesday.

The number of inmates in federal prisons as of June 30 stood at 14,965, Toews said, almost 3,000 below the level predicted for this year in 2009 by the Corrections Service of Canada and far below what the opposition in Parliament has been warning.

"The influx of new inmates has simply not materialized," said Toews, MP for Provencher. "Contrary to predictions by our critics and the opposition, we have not seen the so-called substantive increase in offenders swamping the correctional system and creating untold new costs."

The Conservative government has faced accusations that its tough-on-crime agenda, which includes more mandatory minimum sentences and longer sentences for some offences, would cause a boom in the inmate population that would require new prisons.

Instead, the government is shutting down older prisons — Kingston Penitentiary in Ontario and the Leclerc prison in Quebec — and scrapping plans to build new facilities.

That means the government will save $1.5 billion over the next seven years by foregoing capital spending requested by the department, Toews said.

THE CANADIAN PRESS

On the contrary

- **Increase.** While the prison population is lower than expected, officials point out the number of people behind bars is still growing.
- **Additions.** Howard Sapers, who fields complaints from federal inmates as his job as Canada's correctional investigator, has said some 1,000 extra inmates have been added to the system in recent years.
- **Over-crowding.** The government has already promised to add 2,700 new beds to existing facilities to ease over-crowding.



The province is reminding Manitobans to find ways to keep cool as temperatures soar this week. ALEX WONG/GETTY IMAGES

Heat alert. Pool hours extended to help cool off

As temperatures continue to hover near 30 C across Manitoba, the Office of the Chief Provincial Public Health Officer warns of the dangers of extended periods in heat and humidity. Manitobans are reminded to take precautions like drinking plenty of water, limiting physical activities, wearing hats, and using sunscreen. The city's pools (Freight House, Provencher, St. Vital, Westdale, and Transcona Centennial, Lions Outdoor Pool, and Kildonan Park) will be open until 8 p.m. daily. A water trailer will also be set up at the Main Street Project and Salvation Army Booth Centre. METRO

1 NEWS

On the web

Weighed down? Feed your head instead

Losing the battle of the bulge? Don't blame yourself, blame your brain, say doctors who are using electronic pulses to rework hunger pathways in the brain. Go online to see how neurostimulation is helping the obese lose weight.

Comfort creatures

Call of the wild? More like mother and child if these photos are any indication of what the animal kingdom is truly like. Go to metronews.ca to see this heartwarming gallery.

Mobile news

A tiny blood-sucking parasite from the Caribbean has been named in honour of Jamaican reggae icon Bob Marley. Is it an homage to the singer or sly insult? Scan the code to find out more.

Community planning. Wyatt under fire for hire

Mayor Sam Katz's motion to breathe life back into a Corydon/Osborne secondary plan proved successful, but not without controversy.

Coun. Russ Wyatt (Transcona) originally put forward a motion at the city's July 3 planning committee meeting that in essence halted work on a secondary plan intended for the Corydon/Osborne neighbourhood.

Wyatt said his motion had nothing to do with the fact the son of Jerry Cianflone, who owns Pizza Hotline and Café 22 on Corydon Avenue, is working in his office for the summer.

"There's no conflict, if Mr. Cianflone had hired my son, then I think there would be a conflict, but my son is five years old, so there's definitely no conflict," said Wyatt, adding that Cianflone's son started July 4 and is "doing a great job."

BERNICE PONTANILLA/METRO

Quoted

"Hire a quality person, I mean, c'mon people. Let's not deal with perception, let's deal with reality."

Mayor Sam Katz defended Coun. Russ Wyatt on hiring the son of Jerry Cianflone

DUI. First-time drunk driver with four times legal alcohol limit jailed

A 29-year-old Winnipeg man who drove home from his cottage while he had a blood alcohol level more than four times the legal limit is going to jail.

A judge has sentenced Jesse Friesen to two weeks to be served on weekends.

Jail for a first-time drunk driver is relatively rare, but the judge said he wanted to send a message.

Friesen is banned from driving for 15 months and also faces two years of probation during which time he's been ordered not to drink.

The Crown and defence had both suggested a fine and a one-year driving ban, but provincial court Judge Ray Wyant said he was taking off the gloves.

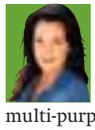
Friesen didn't hurt anyone or damage property when he hit a ditch, but Wyant said anyone driving a car while drunk may as well be holding a loaded gun. CJOB/THE CANADIAN PRESS

In the blood

.33

Friesen's blood-alcohol level when he drove into a ditch.

STORE OWNER LIVING HIS WISHES AND DREAMS



ABOVE-AVERAGE JOE
Kerri Salki

Meet Daniel Bernard:

Daniel used to be a peddler! He started off selling mattresses door-to-door in the Quebec countryside. He moved on to multi-purpose cleaners, then it was vacuums, and finally greeting cards. In 1999, he finally planted his feet here in the 'Peg because he really liked the people. He soon landed a job at The Forks, putting names on grains of rice. You've seen him with his jewelry at the corner of River and Osborne for the past few years, and now he is the proud owner of his own little shop in the Village, called Wishes and Dreams.



Where were you born?: Ville Marie, Que.

Occupation: New store owner

Dream Job: A cowboy

What would your last meal be: Most of the menu at Bistro 7 1/4 and lots of red wine

Least favourite food: Calamari, because it's too chewy

Last movie you saw: The Curious Case of Benjamin Button

Favourite season: Autumn

Star Name (first pet name and street name): Nigo Pioneer

If you could be reincarnated ... who would come back as: Basil, the landlord of the building.

Just because they're not famous, doesn't mean they're not a somebody. If you know an Above-Average Joe who you think needs recognition, email me at kerri.salki@102clearfm.rogers.com.

KERRI IS PART OF THE MORNING SHOW JAY AND KERRI IN THE MORNING ON 102.3CLEARFM

Winnipeg Fringe ready to kick off 25th year

Alternative theatre.
Performers, volunteers, and fans celebrate the launch of Fringe

LAUREN PARSONS
winnipeg@metronews.ca

"Why are we all here? Maybe we're not all there," said the artist known as Birdman, before he performed a lip syncing, interpretative dance to Cher's If I Could Turn Back Time, on stage at the launch of the Winnipeg Fringe Festival Wednesday morning.

Winnipeg's wacky, creative, outrageous, and sometimes shocking alternative theatre festival is celebrating its silver anniversary this year, with what executive producer Chuck McEwan says is the biggest festival yet.

One of the main features of this year's festival is the 25-Hour Fringe, where fringers can watch performances for 25 hours straight from 11 a.m. July 21 to noon on July 22.

"We'll even have breakfast in the morning," said McEwan.

This year fringers can also use the new mobile app to make their schedule, while Old Market Square will supply free Wi-Fi internet throughout the festival.

At the launch, Larry Desrochers, who was asked by MTC to establish the Fringe Festival in 1988, reminisced over memories of the past 25 years.

"One of the goals of the festival was to change the way people thought about theatre — and I think it's done that," he said.

The 2012 Winnipeg Fringe Festival takes place July 18 to 29 with more than 173 performing companies from across Canada and the world, with free performances at Old Market Square every afternoon and evening.

To start planning your Fringe adventure, programs are on sale at Manitoba Liquor Marts, select Safeway stores, McNally Robinson Booksellers and the Royal Manitoba Theatre Centre.



Second-hand Pants perform at the Winnipeg Fringe Festival launch Wednesday morning. LAUREN PARSONS/METRO

Shopping. Doors at Polo Park's Banana Republic about to swing open

Banana Republic, a division of San Francisco-based Gap Inc., is opening the doors to its Polo Park location on July 26.

This will be the popular men's and women's "affordable luxury" store's first Manitoba location.

The Banana Republic collection includes apparel, handbags, jewelry, fragrance, and eyewear.

To celebrate, the store will host a grand opening event on Aug. 9.

METRO

For more local news, go to metronews.ca

Pedophile portrayal in films nothing like reality: Profs

Does the classic fairy tale Little Red Riding Hood, and its spin-off films, promote child molesters only as strangers lurking in the dark?

University of Winnipeg professors Pauline Greenhill and Steve Kohm will speak on Little Red Riding Hood and the Pedophile in Film: Freeway, Hard Candy and The Woodsman, Thursday at 7:30 p.m., at the Winnipeg Art Gallery.

The talk ties into the WAG's current exhibition Fairy Tales, Monsters and the Genetic Imagination, on view until Sept. 2.

"These films use the Little Red Riding Hood narrative and imagery to trouble or problematize common sense conceptions of the pedophile," Kohm says, who is in the criminal justice department at U of W.

"For example The Woodsman, which is a Kevin Bacon film, looks at the typical representation of the pedophile as a stranger lurking in the woods, luring children away. Contrast that against the sad reality of the crime, which is it's more likely to happen at home at the hands of parents, family members, friends or other trusted individuals."

Quoted

"We view it as a type of popular criminology, a way that ordinary people can engage with these kinds of ideas and in ways that are sometimes critical."

University of Winnipeg professor Steve Kohm

The talk will not only explore misconceptions about the pedophile but also the victim.

"In Freeway, Vanessa, who's played by Reese Witherspoon, is anything but a shrinking violet who's completely unable to take care of herself," Greenhill says, who teaches women's and gender studies.

"We argue that they're using the Little Red Riding Hood story to complicate Vanessa, because she is sometimes actually the wolf and she's also sometimes the woodsman who rescues other people from the wolf. In all of these films the characters are played with in such a way that they take on at least two or all three of the fairy tale's main characters."

Greenhill and Kohm hope their talk and these films will inspire people to re-examine their conceptions of child sex abuse.

"We view it as a type of popular criminology, a way that ordinary people can engage with these kinds of ideas and in ways that are sometimes critical," Kohm says.

JARED STOREY/FOR METRO

Tigers fatally maul intruder at Danish zoo

Copenhagen. Police not ruling out suicide

Tigers fatally mauled a man inside an enclosure at the Copenhagen Zoo, officials said Wednesday.

It was unclear how or why the 21-year-old Afghan-born man had entered the Siberian tiger den, but investigators could not exclude suicide as a motive, police spokesman Lars Borg said. The man sustained multiple bite wounds to the throat, face, chest and a thigh.

The man was granted Danish citizenship last month and his family has identified him, Borg said. Police declined to release his name. His body was found surrounded by the zoo's three Siberian tigers by a zookeeper early Wednesday.



A tiger at the Copenhagen Zoo.
THE ASSOCIATED PRESS

Borg said the man appeared to have entered the tiger area late Tuesday from a low wall surrounding the den and then ended up in the moat inside the enclosure.

"He has been in the water and the animals must have seen that and attacked him," Borg said. "He was killed in the water."

Police were trying to piece together the man's movements inside the zoo, but haven't had any luck with security cameras. There were no surveillance cameras at the tiger enclosure.

The man only had his old residence permit and keys to his Copenhagen apartment on him, Borg said.

Copenhagen Zoo manager Steffen Straede said it was the first time in the zoo's 152-year history that such an incident has occurred, and there were no plans to reassess its security or to put the tigers down.

"If a person really wants to get in (there), we cannot prevent it from happening," he said.

THE ASSOCIATED PRESS

Tokyo

Baby panda dies at Japanese zoo

A baby giant panda died at a Tokyo zoo on Wednesday, less than a week after becoming the first to be born at the facility in 24 years. The birth had created excitement across Japan, and the nation was mourning the baby's death.

THE ASSOCIATED PRESS

London

Dead heiress's husband arrested

London police have arrested the husband of one of Britain's richest women, who was found dead in her home this week. Eva Rausing was the wife of Hans Kristian Rausing, whose father made a fortune manufacturing laminated cardboard drink containers.

THE ASSOCIATED PRESS

Photoshopping

Teen crusaders target Teen Vogue

Now that they have a promise from Seventeen magazine not to digitally manipulate body shapes in photographs, a group of U.S. teenage girls are asking Teen Vogue to do the same.

THE ASSOCIATED PRESS



School bus plunges into gorge

A crowd gathers around a school bus that fell into a gorge after an accident at Nambalnar, India, Wednesday. Dozens were injured when the bus carrying students on a picnic trip crashed near the Gulmarg tourist resort in the Indian portion of Kashmir. Two died, according to local news reports. MUKHTAR KHAN/THE ASSOCIATED PRESS

N.Y. 700 Canada geese culled near airport

U.S. wildlife officials finally got their hands on and gassed 700 Canada geese holed up in a bird refuge next to John F. Kennedy airport in New York.

The birds, considered prime culprits in dangerous and sometimes deadly aviation strikes, were living at the Jamaica Bay Wildlife Refuge, on protected land belonging to the U.S. National Park Service.

On Monday, armed with U.S. Fish and Wildlife permits issued June 29, officials snared 700 of them, shipped them to upstate New York for processing and will hand out the meat to food charities, USDA spokeswoman Carol Bannerman told the Torstar News Service.

TORSTAR NEWS SERVICE



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Starting July 29, 2012, all local communications in Manitoba will need to be dialed using the area code and the telephone number. This will prepare us for adding a new area code, which will double the available phone numbers in the province.

Get prepared. As of July 29, 2012, local 7-digit dialed calls will generally be interrupted by a network message before being connected. Keep in mind that transmissions made by devices like alarm systems, fax machines, and dial-up Internet modems may be affected by this message. Because of this, it's *critical* to adopt 10-digit dialing before July 29, 2012. Remember to add area code 204 to all local numbers stored in places like telephones, speed dial lists, databases, and alarm systems. And, make sure to update your number on stationery, advertising, and signs.

As of October 20, 2012, local calls dialed without the area code will not be completed.

A new area code: 431. The new area code 431 will be gradually introduced starting November 3, 2012, and will co-exist with area code 204.The new code will simply join the current one, with no impact on existing telephone numbers – a real advantage. The new area code will be assigned only when the existing inventory of 204 numbers is used up.

Numbers in existing area code 204 will not change
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Special numbers like 9-1-1 will still be dialed using 3 digits — no area code required

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Study. Consumer spending up in 2nd quarter, but June figures suggest slowdown

Consumer spending increased in the second quarter compared with a year ago, but figures for June point to a slowdown, according to a report by credit and debit card processor Moneris Solutions.

Moneris said Wednesday that overall, consumer spending increased 4.67 per cent year-over-year in the quarter, but that the smallest amount of growth, 3.72 per cent, occurred in June.

"While the Canadian economy continued to experience healthy growth in the second quarter of 2012, some signs point to a potential reduction in spending," said Jim Baumgartner, president and CEO, of Moneris Solutions.

Economists have also been predicting a slowdown in spending as consumer debt levels are already at all-time highs.

During the second quarter, the entertainment category saw the highest increase in overall spending, up 9.43 per cent, while hotels and restaurants came in a close second.

THE CANADIAN PRESS

Modest growth

2.74%

Apparel, a traditionally strong spending category for Canadians, experienced more modest growth, with an increase of 2.74 per cent compared to the same period last year, Moneris said.

Market Minute

DOLLAR 98.05¢ (+0.26¢)

TSX 11,544.64 (+32.42)

OIL $85.81 US (+$1.90)

GOLD $1,575.70 US (-$4.10)

Natural gas: $2.853 US (+11.6¢)
Dow Jones: 12,604.53 (-48.59)

Cool cash can't handle the heat

Melting money. New polymer banknotes reportedly don't stand up to this summer's sweltering conditions



GRAHAM LANKTREE
Metro in Ottawa



Shrivelled bills were all one man found after he stored his money in a tin near a heater. CONTRIBUTED/CAMBRIDGE TIMES

Despite having more security features than you can shake a stick at, Canada's new polymer-based banknotes may have one weakness — the sweltering summer heat.

Brittney Halldorson, a teller at the Interior Savings Credit Union in Kelowna, says the new $50 and $100 bills are supposed to withstand boiling water, but she has seen cases where several of the bills melted.

"We have seen it a few times now where there have been either three to four, or five to 10 (bills) all melted together," she said.

In January, a report from Cambridge, Ont., noted that a man who stored his bills in a tin box near a heater returned the next day to find them shriveled and melted together.

"We've put these notes through a lot of testing so that they stand up to our very hot summers and cold winters. The notes perform as intended under the conditions," said Julie Girard, a currency spokesperson for the Bank of Canada.

Girard said that if anyone has a bill that has been damaged in any way, they can have the money replaced by filling out a form on the bank's website.

The bank's new $20 note is set for release this November, Girard said, and the remaining $5 and $10 denominations will be out before the end of 2013.

Follow Graham Lanktree on Twitter @MetroGraham

San Bernardino

Another California city goes bankrupt

As recently as last month, no city in California had opted for bankruptcy since 2008, and no U.S. city of more than 200,000 people had ever chosen that route.

The past two weeks have changed that, as the fiscal struggles faced by many American cities became too much for some to bear.

San Bernardino became the third California city in that small span to choose Chapter 9 bankruptcy protection with a city council vote on Tuesday night.

The southern California city of about 210,000 people will also become the second largest in the nation ever to file for bankruptcy.

Stockton, a northern city of nearly 300,000, became the biggest when it filed for Chapter 9 on June 28.

The much smaller city of Mammoth Lakes voted for bankruptcy July 3.

San Bernardino was facing a budget shortfall of $45.8 million US.

THE ASSOCIATED PRESS

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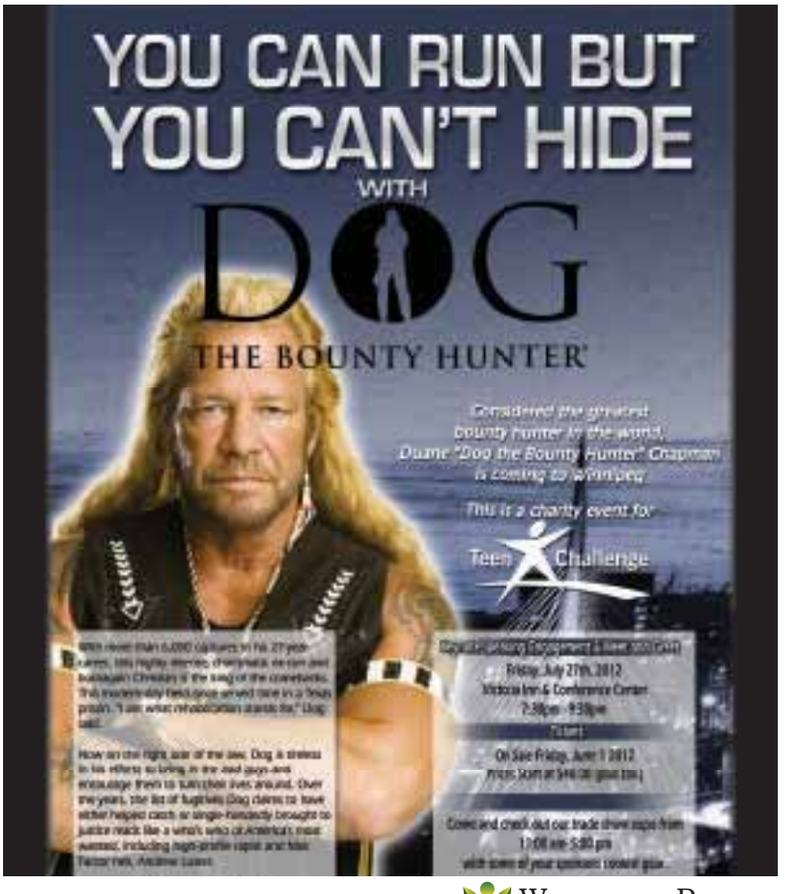
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SHOPPERS DRUG MART

MAN VS. TOILET: THE ETERNAL STRUGGLE



HE SAYS...
John Mazerolle
metronews.ca/hesays

Today, I am a man.

I mean, I've been male for as long as I can remember. But I've never been a guy's guy. I like hockey because of the elegant flow. I like The Tragically Hip because of the delicate lyrics. And I like MMA because I enjoy watching jackasses in bars swinging their fists at the TV and yelling "kill him!" when the screen is showing two men hugging on the floor.

This lack of manhood made me uncertain when confronted with the challenge every true man must face: The clogged toilet.

I had to cross the Rubicon, and it wasn't flowing properly.

It started as all clogs do, with the water rising towards the top of the bowl and me willing it to stop with a battle cry of "no, no, no!" and staring at it really hard.

Defeated

At one point the toilet ripped the plunger from my hands, broke it in two and spit it across the room, chuckling at me. The toilet will independently confirm this story.

I tried to defeat it with the plunger. But this was no ordinary clog. You know those movies where fighter jets are flying around The Squid From Beyond the Stars and their missiles do nothing? That was my plunger.

At one point the toilet ripped the plunger from my hands, broke it in two and spit it across the room, chuckling at me. The toilet will independently confirm this story.

This was my darkest hour. So I did as many great warriors through history have done when all seemed lost. I turned to the sages. In this case, plumbers on YouTube with Louisiana accents who brag about their toilets the way other guys show off their sports cars.

Here I learned about my silver bullet, my Excalibur, my Star Trek technology that solves everything and is then forgotten in all future episodes.

I learned of the closet auger — a big snake that goes into the toilet, grabs the evil inside, and rips it out of the Hellmouth. It seemed a little out of my depth, but I'd have used a whip and chair if they'd told me to.

I asked a few acquaintances at the local watering hole if they had an auger. Because I had not yet earned the respect of my fellow men, they all asked me the same thing: "Did you try a plunger?" as if I'd never heard of one. I assume they imagined me standing in the bowl and jumping up and down.

I ventured into a hardware store, chose my weapon, and pulled from the toilet the source of all evil: One sock. How a sock ended up in the toilet I cannot be sure, but I'm going to assume the toilet ate a previous owner.

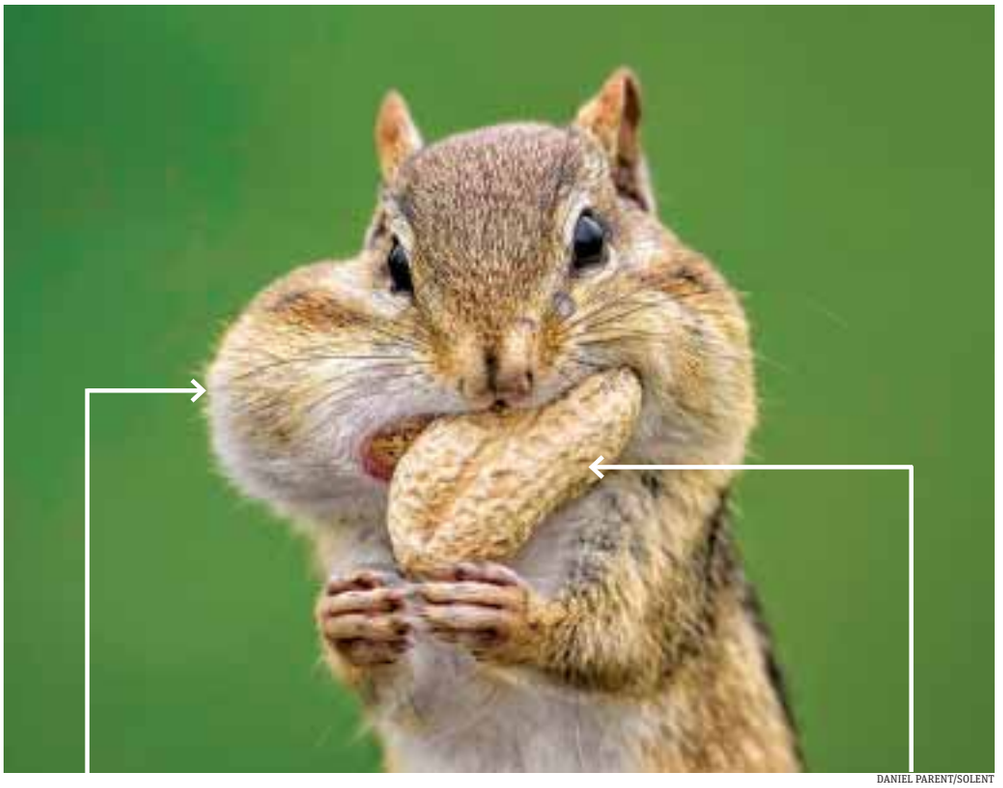
So, now, I am a man. I faced my fears, the enemy without and within, and came away a hero. If you need your toilet unclogged, I will gird my loins and once again make the plunge — a man for all times.

I also understand women do this sort of thing without making a big fuss. If you're into that sort of thing.



Every man's nemesis: the toilet. ISTOCK

This chipmunk has gone nuts



DANIEL PARENT/SOLENT

Wildlife photography

Funny chipmunk gorges on nuts

This greedy, and indeed cheeky, chipmunk appeared to have bitten off more than he could chew when he got into a pile of peanuts.

The cute critter was part of a group of eight that had been given the nuts to share.

Metro chatted with Daniel Parent about his amusing photograph.

METRO



Daniel Parent, 51, is a photographer from Gatineau, Que. JIM CUMMING

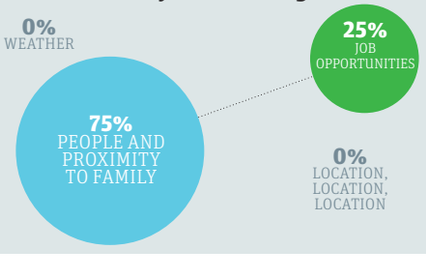
Parent on his experience

- **How did this happen?** "I was photographing a rare leucistic chipmunk in Ottawa, and was using the peanuts to distract the regular chipmunks," Parent explains. "There were about eight of them and some appeared to be quite greedy and stuffed their mouths, creating this amusing photo opportunity. I wasn't counting but I think some chipmunks easily got two peanuts into their cheeks, some of the more ambitious tried to get more. I sat about six metres away with my camera and waited for the chipmunks to come and get the peanuts."
- **Chipmunk challenge.** "Chipmunks are quick and most just grabbed a peanut and left," Parent says. "It took some time for this chipmunk to stay still and try to put as many peanuts in its mouth. Then I had to be in the right position to capture a moment in time when the chipmunk was in sight and stayed moderately still."

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What makes a city worth living in?



Twitter

@Bluce_Reee: It's a sad day but also exciting Going to miss the greatest fans in hockey. Wanted to be back? Thanks for everything winnipeg. #gojetsgo

@SamHattin: First thing im buying for my new place in Winnipeg is a mini Nerf ball Hoop to put above my door

@squidheart: Just saw Kevin McDonald in the Exchange. My #Winnipeg experience is complete.

@wpglibrary: Trying to beat the heat? Why not visit your local library, there are 20 locations to choose from. http://ow.ly/c8ImK

@aquabooks: Attention hipster: I don't want to see a straight guy in clam diggers unless he's actually digging for clams. #hipstersmustdiet

metro
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2
SCENE

Entertainment in brief

Courtney Love being sued, again

Courtney Love's former assistant is suing over unpaid wages and claims the rocker made unethical requests such as instructing her to hire a hacker and falsify legal letters. Jessica Labrie filed the wrongful termination, wage and breach of contract lawsuit in Los Angeles on Tuesday. The suit states Labrie worked as Love's administrative assistant for about a year in 2010 and 2011, but was fired after complaining she was owed thousands in unpaid wages and expenses for business trips.
THE ASSOCIATED PRESS

On the web

Hollywood-driven Stand Up to Cancer telethon returns in September to raise money, awareness


Canadian hip-hop artist Buck 65 plays the Pyramid Cabaret on Friday. SUPPLIED

Bucking the trends

Buck 65. Musician blends his hip-hop with blues, rock and avant-garde, and says he'd keep at it even if it never made him another nickel



BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

Buck 65 — real name Rich Terfry — says conversations with colleagues have convinced him that the indie hip-hop scene is in a state of crisis. And so, for his next album, the Canadian MC and DJ is taking a chance and putting his complete trust in London, Ont.-based producer Dean Nelson.

"The challenge right now for many artists, artists like me, is to do something that's going to get a second thought from anyone, anywhere," says Terfry, 40.

"The opportunity to work with someone who wants to take the reins and take me out of my comfort zone is probably the best thing I can do right now, even if it is a gamble. I think that's all anyone can do right now is gamble."

Terfry — who blends his hip-hop with blues, rock, country, folk and avant garde music — has been gambling and rambling his way through the music business for 20-plus years now. While he can't pinpoint the exact reason for his longevity, his passion for making music surely has something to do with it.

Quoted

"I was drawn to music as an introverted person. My approach to making music is more cerebral than just raw talent." Buck 65, on his creative process.

"My favourite part of this job is the creative side," Terfry says.

"I was drawn to music as an introverted person. My approach to making music is more cerebral than just raw talent and it certainly wasn't motivated by me going 'I just love to perform and be in the spotlight.'

"I honestly think if everything totally dried up and I couldn't sell a ticket or a record, it's absolutely safe to say I would keep doing this. And I'll probably keep doing it until I die."

That is unless a pro baseball career pans out. At 16 years old, Terfry was scouted by the New York Yankees and his passion for the sport can be heard in such songs as Joey Bats, a tribute to Toronto Blue Jays slugger Jose Bautista.

"It's not a viable option at this point in my life, but nevertheless I still find myself taking it seriously as if it was," Terfry says.

"I've been working on my swing lately. I'm out there in the park working on my swing really hard. It's ridiculous. Why am I doing this? Maybe it's the same with the music. I just can't help it."

Buck 65 plays the Pyramid Cabaret this Friday. Tickets are $20 at Kustom Kulture and Into the Music, $24.50 at Ticketmaster. Tickets from his cancelled May 11 Winnipeg date will be honoured. Showtime is 8 p.m.





Katie Holmes ALL PHOTOS GETTY IMAGES

Katie Holmes went to Cruise's ex-wife for advice on divorce

Katie Holmes reportedly had some high-profile sounding boards as she planned her exit from her marriage to Tom Cruise — including Cruise's second ex-wife, Nicole Kidman, according to Us Weekly.

"They've spoken over the last few weeks," a source says. "Nicole has been supportive, saying she's been through it too and to hang in there. Nicole offered her support and help."

The two first became acquainted when Holmes married Cruise in 2006.

"She has been a private friend not many people know about," the source explains.

So how did Holmes reach out to Kidman on the sly? The L.A. Times reports that Holmes used a disposable cell phone provided by a friend to plot her divorce escape.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Travis Barker still struggles with flying after famous crash

THE WORD
Monica Weymouth
scene@metronews.ca

Four years after surviving a deadly plane crash, Travis Barker is still understandably hesitant to fly, and his travel restrictions are making the latest Blink 182 tour a little difficult.

"This will be the big tour that supports the album in Europe. Mind you, I'm not flying, so it's hard to say what the band could do or what its potential is, because I can't really get everywhere," the drummer tells Red Bulletin magazine.

Barker is, however, planning to give it another go if the tour takes them down under.

"I'm contemplating getting knocked out and getting on a plane to Australia. I want to overcome that eventually," he continues. "When I do, I think it's going to be Qantas. They never had a crash, never had a fatality — knock on wood. It's something I want to overcome."

We salute you, Travis. Take care and treat yourself to some premium tranquilizers — you could totally afford to hire Ira Glass to talk about baby kangaroos for the entire 20 hours.

Twitter



@BetteMidler
Why does every girl in TopShop look exactly alike? What am I doing in TopShop?



@russellcrowe
did this thing where you do 10 push ups, prone hold for 30 secs, 9 push ups,prone hold 30 secs etc, only takes 6 or 7 minutes but it got me



@ElizabethBanks
My kid opened a magazine to a picture of an Estée Lauder fragrance model, pointed and yelled "mama!" ◙#bestkidever◙ ◙#mademyday



@SethMacFarlane
Wanna just get away from it all. Which campground gets the best iPhone reception?



Jessica Biel

Biel comfortable with Timberlake picking the pants in the relationship

Jessica Biel doesn't mind being the less fashion-conscious of the couple compared to fiancé Justin Timberlake.

"He is fearless in his choices and has a real eye for design. And I'll be honest: He has better taste than I do," she tells InStyle.

"When I walk out of the closet after getting dressed in the morning, I'll go like this and turn palms upward as if to say, 'Well?' And he goes like this and shakes his head no. Then he picks again. It's hilarious."

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3 LIFE

Fashion Flash

Aeropostale taps Chloe Moretz as its model and style curator

At age 15, actress Chloe Grace Moretz is already an ambassador. It's for Aeropostale, the youthful fashion brand, and it's a job that's likely to come with some clout and influence — especially with teenage shoppers. Moretz will be featured in advertisements through next spring, largely wearing clothing she's selected and styled herself. She will also curate collections in-store and online. "I get my own section, I got to pull my own clothes. Girls can go and see what I love and what I wear in the shoots. It's a way for me to be in touch with girls," Moretz said in a recent phone interview. Moretz starred in Hugo and The Amityville Horror and has the title role in the upcoming remake of the horror classic Carrie.

THE ASSOCIATED PRESS

On the Web

Cowboy hats on royal heads bring Calgary company booming business

Attention men, it's about to get loud

Trend alert. With a riot of hot colours, prints and metallics, the spring/summer '13 men's wear shows are not for the shy

RICHARD PECKETT
life@metronews.ca

Seemingly, these days, men are more sartorially daring and, boy, are they going to need to be, judging by the menagerie of prints on offer. Dolce and Gabbana looked to a Sicily of old, with images of Sicilian barrows, puppets ('pupi') and temples, all desirably nostalgic. In contrast, Dries Van Noten combined camouflage and leopard — disguise or defence?

Whatever the meaning is, you won't be overlooked in these. Kenzo continued the camo trope with a look to the jungle. That's the urban jungle with abstracted leopard print and tiger stripes of baggy shorts and boxy tees — a key trend for the season.

Metallics: feel the steel

Think of metallics and you're probably picturing a man in a tin foil robot suit. Lanvin's monochromes were broken up with futuristic, cyborg-esque tailoring, shorts and a rather splendid pea coat, all accentuated by the dead-eyed models. But it was Versace who ramped it up with a homoerotic gladiatorial extravaganza. The outerwear and accessories appeared as a campy Mad Max-Matrix hybrid. Burberry took a break from the sobriety of its recent shows by further continuing the sci-fi motif, with models resembling Blade Runner-esque replicants with ice blue shirts and fuchsia trenches.

Colours are hotting up

This season a pop of colour has progressed, thanks to the likes of Gucci who cut tailoring among other pieces in leaf green, mustard yellow and reds that ran the gamut. Ghastly? No, captivating. Similarly red, the most evocative of colours was used to great effect at Dior Homme where the shade held the eye amongst an almost entirely navy collection. However, Louis Vuitton's Damier luxury luggage shared the runway with, shock, a not-so-mellow yellow. Yachting-style slickers — in commemoration of the 30th anniversary of the Louis Vuitton Cup — moved towards lurid scuba gear before returning to the Paris house's tailoring sensibility.


Gucci CONTRIBUTED


Dolce & Gabbana CONTRIBUTED


Louis Vuitton CONTRIBUTED


Emporio Armani CONTRIBUTED

Try this look

Bare your arms

To pull off this trend you best get working on those biceps. Givenchy, Jean Paul Gaultier and Acne all pumped out the look.


Acne / CONTRIBUTED


Kenzo CONTRIBUTED

Try this look

Shorts go long

After a few seasons of tight, tailored shorts, the designers like Jil Sander, 3.1 Phillip Lim, Emporio Armani and Alexander Wang have relaxed the look with some chilled out, baggy styles. Takes the pressure off having a good butt, gentlemen.

WagJag.com

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Keep cool with haute home decor



Blocking the sunlight and controlling air flow are two ways to keep your space feeling cooler this summer. HUNTER DOUGLAS

Beat the heat. When the temperature rises, stay fresh and cold with these sleek, simple cooling devices



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

With record-breaking temperatures this summer and the thermometer expected to keep rising throughout most of the country this week, it's important to not only look cool, but to keep your home cool too.

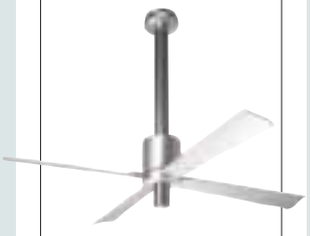
Here are a few homeowner-friendly products that will keep you cool — and keep your home looking chic. None require major installation, and all are cool-looking (and feeling!) and well worth the money.

Cool the air

Spot cooling with a portable air conditioner is a great way to save energy by only cooling the areas of your home that you use on a regular basis. The DeLonghi Pinguino portable air conditioner has handles and castors for easy portability. Its 9000 BTUs can cool up to 350 square feet, and the built-in fan, dehumidifier with silent operation and remote control will be your climate-control friend year-round.



Portable air conditioners allow for spot cooling when air conditioners can't be installed. DeLonghi Pinguino Portable 9000, $500, Delonghi.ca



Move the air

A ceiling fan can help reduce scorching temperatures by six to 10 per cent and costs little to run. In the winter it can help to improve air circulation and distribute heat that rises toward ceilings and in corners of a room, helping to get rid of condensation on windows. The Modern Fan Company's Pensi aluminum ceiling fan (with a fabulous discrete light) boasts an ultra-modern sleek look for the minimalist decorator.

The Pensi ceiling fan keeps you cool with a clean, industrial look. $480, ModernFan.com

Choose your breeze

Tabletop fans bring a cool breeze into warm spots at night and circulate the air during the day. The Dyson Air Multiplier AM01 fan works without blades, which means air isn't "chopped," creating that annoying buffering sound. The Air Multifier technology amplifies surrounding air and creates an uninterrupted stream of air. It's not only efficient, but beautifully sculptural too.



Portable fans can cool a room but add sculptural interest. Air Multiplier M01 fan, $400, DysonCanada.ca



Block the heat

The beauty of window coverings is that they give you full control of light and keep heat out in the summer. Hunter Douglas Architella Honeycomb Shades not only offer up modern style, but also energy efficiency — three air pockets within the honeycomb provide an R-value of up to 7.75 (a 4 R-value will prevent up to 75 per cent heat or cold loss through a window) and will insulate your window from the hot rays hitting the windows.

Window shades keep the heat out in summer and the cold out in winter. Architella Honeycomb Shades, starting at $250, Hunter-Douglas.ca

Ironing

Beat linen woes with this combo

During the summer months, I face the usual dilemma of whether or not I should iron my summer linen wardrobe. If I iron it, what's the best way to do this as easily and effortlessly as possible?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Whether you should iron your linen is a personal fashion statement. But I can help you get rid of the wrinkles.

In order to iron linen successfully, you need the clothing to be humid combined with the heat of a hot iron. Without both you can never iron successfully.

Why humidity? Won't a hot iron get rid of the wrinkles? Surprisingly, no.

Most people hate ironing because they don't have good results. They iron with heat but no humidity and get frustrated when the wrinkles don't disappear.

Steam created when you iron clothing with a combination of humidity and heat allows the linen fibres to relax and get rid of the wrinkles.



In order to iron successfully, you need a combination of heat and humidity. ISTOCK IMAGES



Interiors that truly blossom

Decor. The floral trend is budding. We chat to an expert about how to prune the look to perfection

RICHARD PECKETT
life@metronews.ca



Bedding down under blossom. APRIL HAMILTON ARCHITECTURAL & INTERIOR DESIGNERS

Living amongst the flowers is seeing a resurgence. No, this isn't a hippy revolution but it is in fact the return of the floral trend.

The reputation of florals as a viable interior décor has been sullied over the years for being too twee and frankly something that's best left in the rose bed. That said, the look has bloomed recently with modern styles available in abundance.

However, to avoid being overawed by the trend, interior designer Rosemary Ridgway offers some timely advice.

Avoid a festoon of florals

Ridgway says, "Using them as accents rather than emblazoning florals across sofas is rather dated. In two years you would look back and think what did I do that for?"

To avoid living in a flower garden, the alternatives include accessories such as cushions or faux/real flowers because let's be honest, nothing beats the genuine article.

Growing up the wall

"Living in a completely floral room would give you a headache — you'd probably need a pair of sunglasses," jokes the designer.

Ridgway continues, "It's never been a great love of mine but I would possibly do a feature wall. Blossom and tendrils in an entrance hall can look particularly dramatic."

Incidentally, the expert explains that designers first used feature walls when they lacked a substantial enough budget to paper all the walls.

Be bold

The spring/summer '12 women's runways were teaming with graphic florals and interior styles have followed suit.

"But of course, the fashion and interior industry are very much harnessed together — I see myself wearing and accessorizing homes in a similar aesthetic," explains Ridgway.

Now's the time to be brave with colour and as the designer states, "I'm working with bolder blossoms and oversized prints and sometimes clients can be a little overwhelmed at first but in my opinion the bolder the better."

Florals aren't just for girls

"Monochromatic colour schemes can work. I've worked with acanthus leaves and Rococo scrolls which are both quite soft but they're still quite masculine elements," says the founder of April Hamilton architectural and interior designers.

This may be a little Grecian for most men's tastes but there's an alternative. You could add topiary or woodland prints in sepia or black for a modern take.

OK, it's not strictly floral but it can work well as an architectural feature in the bedroom.



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Tuna, salmon and crabmeat combine to make diabetic-friendly Seafood Burgers

"This burger goes far beyond the fast-food variety," Angela Medearis says in her book The Kitchen Diva's Diabetic Cookbook. "Imitation crabmeat, canned tuna, or salmon all make delicious seafood burgers, and are a healthy source of omega-3 fatty acids. Try a combination of all three for a tasty treat."

Ingredients

- 1 lb imitation crabmeat, canned tuna packed in water, or canned salmon
- 1 large egg, lightly beaten
- 1/2 cup whole-wheat panko breadcrumbs
- 1/4 cup plain low-fat Greek yogurt
- 2 tbsp low-fat mayonnaise
- 1/3 cup finely chopped celery
- 1/4 cup finely chopped red bell pepper
- 2 scallions, including green parts, finely chopped
- 1 tsp Dijon mustard
- 1 tbsp lemon juice
- 1 tsp poultry seasoning
- 1/4 tsp cayenne pepper
- 1 tsp ground black pepper
- 6 whole-wheat hamburger buns, split and toasted
- 1/2 cup shredded lettuce
- 1 avocado, peeled, pitted and sliced



This recipe serves six. THE CANADIAN PRESS H/O

1. In a large bowl, combine the crabmeat, salmon tuna (or all three), egg, bread crumbs, yogurt, mayonnaise, celery, bell pepper, scallions, mustard, lemon juice, poultry seasoning, cayenne and black pepper. Mix gently, then form into 6 patties.

2. Refrigerate for 30 minutes.

3. Heat the oven to broil. Coat a baking sheet with cooking spray.

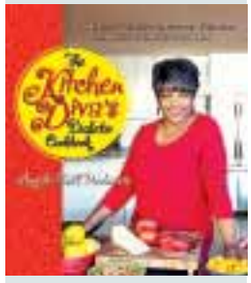
4. Arrange the patties on the prepared baking sheet. Broil for 3 to 4 minutes, then carefully flip and broil for another 3 to 4 minutes, or until golden brown.

5. Place each burger in a toasted bun and top with lettuce and avocado slices.

THE CANADIAN PRESS/ RECIPE ADAPTED FROM ANGELA SHELF MEDEARIS' THE KITCHEN DIVA'S DIABETIC COOKBOOK, ANDREWS MCMEEL, 2012

Book of the week

Modern spin on Diabetes cooking



Angela Shelf Medearis releases an inspirational collection of more than 150 simple, flavourful and budget-friendly recipes in her book The Kitchen Diva's Diabetic Cookbook.

Recipes address dietary needs of prediabetics, juvenile diabetics, type 1 and type 2 diabetics, and more.

You'll find recipes featured on The Dr. Oz Show such as Buttermilk Pecan-Crusted Tilapia as well as Jerk Chicken Salad, Herb Cauliflower Couscous and more. A detailed nutritional and caloric analysis is included in each recipe to ensure that daily nutritional requirements are met.

METRO

Sweet & Savoury. Spinach & Savoy Cabbage Slaw



To roast the beets in this recipe, wrap them together in foil and bake at 425 F (220 C) for 1 hour or until tender when tested with the tip of a knife.

If you're running low on time, you can also use store-bought pickled beets, which will work just as well as the roasted variety.

Ingredients

- 4 tbsp (60 ml) seasoned rice wine vinegar
- 2 tbsp (30 ml) sesame oil
- 2 tsp (10 ml) soy sauce
- 1 tsp (5 ml) hot pepper jelly, melted
- 1 tsp (5 ml) ginger, finely minced
- 1 tsp (5 ml) garlic, minced
- 4 cups (1 l) savoy cabbage, cored and shredded
- 3 cups (750 ml) baby spinach
- 4 green onions, finely sliced
- 2 tbsp (30 ml) toasted sesame seeds
- 4 medium roasted beets
- 2 tbsp (30 ml) crumbled blue cheese

1. Whisk together seasoned rice vinegar vinegar, sesame oil, soy sauce, hot pepper jelly, minced ginger and garlic. Toss with shredded savoy cabbage, spinach, green onions and sesame seeds.

2. Cut the roasted beets into wedges and gently toss with the salad. Sprinkle salad with blue cheese and serve immediately.

NEWS CANADA



CFL

Stampeders QB Tate sidelined

Calgary Stampeders coach John Hufnagel estimates starting quarterback Drew Tate will be out for five or six weeks with a left shoulder injury.

Veteran Kevin Glenn will take over.

THE CANADIAN PRESS

Cycling

French favourite wins Tour stage

Thomas Voeckler of France led a five-rider breakaway to win the 10th stage of the Tour de France as the race entered the Alps on Wednesday, while Bradley Wiggins retained the overall lead.

THE ASSOCIATED PRESS



Thomas Voeckler crosses the finish-line on Wednesday. THE ASSOCIATED PRESS

NBA

The Tim Duncan era continues

The San Antonio Spurs announced Wednesday that they re-signed Tim Duncan, bringing back the 36-year-old forward for at least a 16th season.

Terms of the deal were not disclosed.

THE ASSOCIATED PRESS

NBA



"I'm not going to come in and expect for coach to cater to who I am and what I do."

Ray Allen, who will make $3 million this season after officially signing a contract with the Miami Heat on Wednesday.

Returners running away with accolades through Week 2

CFL. Return game turns heads with TD outburst in opening two weeks



B.C.'s Tim Brown celebrates a touchdown against Hamilton last Friday in Vancouver. DARRYL DYCK/THE ASSOCIATED PRESS

Mike Benevides is 2-0 as a CFL head coach, thanks to the B.C. Lions special teams.

The defending Grey Cup champions haven't skipped a beat with their rookie head coach. But Benevides says the Lions wouldn't be undefeated if not for the play of Tim Brown, the CFL's top punt returner this season.

"There's no way we would've won the last two games without our special teams in terms of our return game," the Toronto native said. "For us, it was a huge part of the wins."

The play of Brown and other returners was indeed special last weekend as three punts and a missed field goal were taken back for touchdowns. That gives the CFL four special-teams TDs so far, which is already half of last year's total.

Winnipeg's Demond Washington had the first return TD, taking a punt back 82 yards in a 41-30 loss to Montreal on Friday night. In the nightcap, Brown had an 81-yard punt return for a touchdown in B.C.'s 39-36 home win over Hamilton, a game that also saw Chris Williams of the Tiger-Cats score on a 67-yard punt return.

On Saturday, Calgary's Larry Taylor returned a missed field goal 125 yards for a touchdown in a 39-36 road loss to Toronto.

"That (four return TDs the same weekend) is probably a surprise when you look at it but overall you can see why," Benevides said. "It's one of those things that's exciting for the fans and is a huge part of the CFL."

Hamilton rookie head coach George Cortez agreed. Well, sort of.

"I don't think anybody in the league is happy about the state of their special teams," Cortez told reporters Tuesday. "Let me rephrase that.

"Everybody is happy with the return game and nobody is happy with their coverage game."

Brown certainly gave Benevides plenty to smile about Friday with six punt returns for 157 yards and seven kickoff returns for 139 yards. He also had a 59-yard punt return in B.C.'s season-opening 33-16 home victory over Winnipeg.

However, that paled in comparison to the club-record 441 all-purpose yards Taylor rolled up against Toronto, second only in CFL history to the 474-yard performance Winnipeg's Albert Johnson III had in 2000. Calgary's Taylor had eight kickoff returns for 222 yards, two missed field goal returns for 136 yards and two punt returns for 70 yards in addition to a 13-yard catch.

Benevides, a former special-teams coach, says return teams usually have the early advantage on cover squads.

"At this point in time it's Week 2, there' still a feel-out process in terms of the personnel on rosters and where guys play on certain positions," he said.

THE CANADIAN PRESS

Countering the return

B.C. is in Regina on Saturday to face the unbeaten Roughriders and coach Mike Benevides expects Saskatchewan's cover teams to have some different wrinkles to contain Tim Brown.

- As a result, the Lions' special teams will feature their own adjustments.
- "It's cat and mouse, it's always the chess match," Benevides said. "Obviously the pieces on the cover teams will continue to change and make it tough."

4 SPORTS

NBA

"Being here right now is something I never foresaw. That (jersey) was a major hurdle for me just to get over visually as a player."

Two-time MVP Steve Nash knew the scene was more than a bit surreal when he stood in the Los Angeles Lakers' training complex, grinning and holding up a gold No. 10 jersey with his name on the back. After spending the past 16 years trying to beat L.A. in Phoenix and Dallas, Nash is switching teams to chase NBA titles alongside Kobe Bryant.

THE ASSOCIATED PRESS

Mobile sports

With fastballs, sliders, curves, slurves, two-seamers, four-seamers, cutters, palmballs, splitters, forkballs, knuckleballs and even the infamous gyroball, you might think this is a golden age of pitching. But are there that many more pitches today? Or did we just figure it out with scouting and technology? Scan the code for the story.

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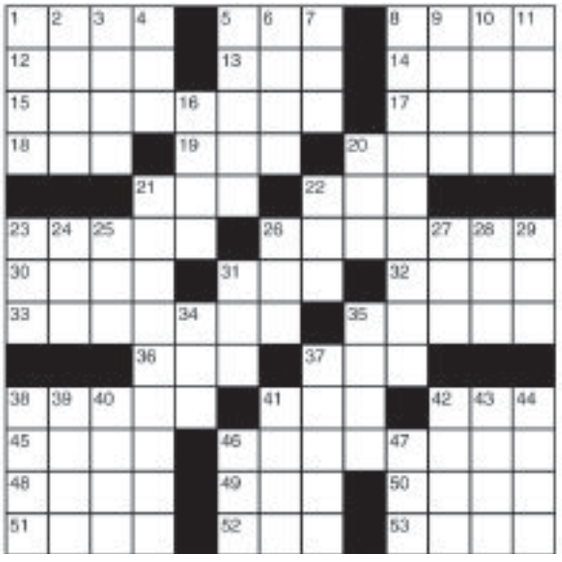
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19 Work with
20 Tale
21 Spot on a domino
22 Resume
23 Macho type
26 Takes temporarily
30 Love god
31 Remiss
32 Met melody
33 Dangerous snake
35 Use a Cuisinart
36 Mex. neighbor
37 Pub order
38 Fragment of glass
41 Country club instructor
42 Branch
45 Cougar
46 Potpourri
48 Enthusiastic
49 Id counterpart
50 Geometry calculation
51 Got up
52 Buddhist sect
53 "Swell!"

Down
1 Uppercase letters
2 Pronto, on a memo
3 Master-Card rival
4 Small salamander
5 Necklace fastener
6 Apple or pear
7 Spanish for "so"
8 Rural composition
9 Busy with
10 Wardrobe malfunction
11 Distorted
16 Destruction
20 Round Table address
21 Grazing land
22 Carton
23 That woman
24 Geological time
25 Witticism
26 Tavern
27 Raw rock
28 Victory
29 Blue
31 Actress Thompson
34 1960s hallucinogen
35 Rorschach picture
37 Bad lighting?
38 Mast
39 "Les Miserables" author
40 Andy's pal
41 Senate staffer
42 Broad expanse
43 Comic Caroline
44 Vegan's no-no
46 Candy in dispensers
47 Mystery writer Rankin



	3	4				8		
			7	3				1
7					2			3
		3	1		5		9	
	8			4			2	
	5		2		7	6		
5			4					2
3				1	9			
		6				5	7	

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

1	4	7	8	9	3	5	2	6
8	5	6	7	4	2	9	3	1
2	9	3	5	6	1	7	4	8
4	7	1	3	2	9	8	6	5
9	2	8	6	7	5	4	1	3
6	3	5	1	8	4	2	9	7
3	1	4	2	5	8	6	7	9
7	8	2	9	3	6	1	5	4
5	6	9	4	1	7	3	8	2

Yesterday's Crossword



Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

I X A Y G M G K W A Y L A K

H V P V L P G J N M G J L G H A K Y .

V P B W W N P A X A P X N B J C

N K C A K G P M K A I C K V H A K .

Yesterday's Cryptoquip: IF A GUY IS DRESSED IN A FELINE COSTUME, MIGHT YOU CALL HIS HAIRSTYLE A "CAT MAN DO"?

Today's Cryptoquip Clue: I equals W

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Weather

	TODAY	FRIDAY	SATURDAY
	MAX: 30° MIN: 23°	MAX: 29° MIN: 18°	MAX: 25° MIN: 15°



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Horoscope

Aries | March 21 - April 20. With Mars, your ruling planet, moving through the partnership sector of your chart, this is the perfect time to assess your relationships.

Taurus | April 21 - May 21. Your capacity for hard work is legendary but you could be tempted to take on too many tasks over the next 24 hours. While your energy may be unlimited, your time is not.

Gemini | May 22 - June 20. Throw yourself into a creative activity and forget about personal problems. Working hard on projects that you enjoy will be therapeutic.

Cancer | June 21 - July 22. You need to get over your sense of injustice and stand far enough back to see the big picture. Then you will realize that life is a lot fairer than you have given it credit for.

Leo | July 23 - Aug. 22. Forget about work for the next 24 hours and do something that is purely for fun. If you can arrange it, a trip away from your usual environment will do you the world of good.

Virgo | Aug. 23 - Sept. 22. You may want to make a good impression on certain people but don't do anything you might later regret. Success is important, of course, but so is your sense of integrity.

Libra | Sept. 23 - Oct. 22. All the things that you should have done but never got around to are possible for you now. Make use of Mars in your sign to motivate yourself to do something spectacular.

Scorpio | Oct. 23 - Nov. 21. There will be a number of distractions today and it is quite likely that you will get frustrated at not being able to focus on one thing at a time.

Sagittarius | Nov. 22 - Dec. 21. Even if you are a rare Sagittarius who prefers their own company, you will want to be involved in a group activity of some sort today.

Capricorn | Dec. 22 - Jan 20. You may be determined to prove you have what it takes, but you must also accept there are forces in the world that can't be defeated.

Aquarius | Jan. 21 - Feb 18. Mars in your fellow Air sign of Libra means there is no excuse for moaning that you don't get the breaks. Instead of waiting for luck to come your way, go out and grab it.

Pisces | Feb. 19 - March 20. Others will be eager to involve you in their schemes, but be on your guard. Yes, there is money to be made, but you won't get something for nothing. **SALLY BROMPTON**



Caption Contest

"Well, it looked like a good idea on paper!"
Les
THE ASSOCIATED PRESS

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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